

2019 CONSERVATION
CERTIFICATION

TIPS FOR
MORE
SUSTAINABLE
GUIDES

GREEN GUIDE

START WITH YOURSELF FIRST—CHANGE YOUR TINY
HABITS TO CREATE A TRIUMPH OF THE COMMONS

- While in the front-country, pledge to never drive alone—take a buddy, walk or ride your bike!
- **Register to vote. Then go vote.**
- Get on board with civic engagement. Pick a group that represents your conservation flavor and join forces through volunteerism or membership. Some examples include but are not limited to:

- Idaho Conservation League
- Idaho Wildlife Federation
- Idaho Rivers United
- Idaho Whitewater Association
- Idaho Outfitters and Guides Association
- Conservation Voters of Idaho
- Trout Unlimited
- Backcountry Hunters and Anglers
- America Outdoors
- American Rivers
- Etc.

- **Also, vote with your dollars.**
- Try repairing instead of replacing.
- As your stuff wears out, switch to Zero Waste practices:
 - Use a handkerchief!
 - Switch from liquid soap to solid & store in a plastic-free tin
 - Use double-edged razors
 - Use a bamboo toothbrush
 - Consider toothpaste powder
 - Get refillable floss container
 - Buy reusable bamboo cutlery
 - Switch to a wooden comb/hairbrush
 - Purchase reusable silicone bags to replace one-time use Ziplocks
 - Use wool dryer balls instead of dryer sheets
 - Think about switching to a silicone menstrual cup
- Or buy local from your own guiding community.

Head to
www.redsidefoundation.org/idahoguideowned
 to learn what's available.
- Think about eating one vegan/vegetarian meal per off day.



IDAHO
CONSERVATION
LEAGUE

For more information contact our Guide Liaison at ddeutchman@idahoconservation.org
or visit our website at www.idahoconservation.org